01. Choose your Friends	4′ 15	06. Never harm anyone	3′27
02. Words of the wise	3′37	07. Love the simple life	3′27
03. See the best in people	3′07	08. The past and the future	3′19
04. The Memory of Eternity	3′34	09. Healing	4′00
05 My own breath	3′04	10 Respect	5′10

Lou Betsie: Vocal

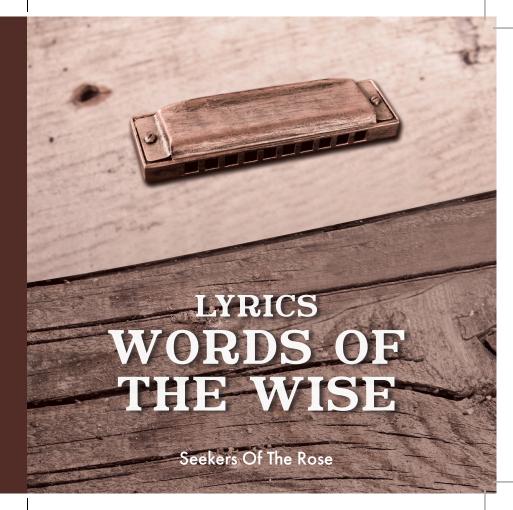
Jivelan: Vocal, Harmonica, Composition

Hisham : Electric Guitar Ferdinand Dihoui : Bass Guitar Claudio : Acoustic Guitar (1&2)

Gyseh: Recording, Harmonisation

Van Essen: Guitar, Drums & Arrangements

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### **CHOOSE YOUR FRIENDS**

O Daughter of the Earth
I want to teach you
To choose your friends
You will recognise them
For they seek Eternity
And prefer joy to sorrow
They invite you to dance
And never do they weep with you

# THE WORDS OF THE WISE

O Daughter of the Earth
I want to teach you
The words of the Wise
For they are the beacons
On the Way
Read them And read them again
Recite them And sing them
They are the stars Of Eternity

## SEE THE BEST IN PEOPLE

O Daughter of the Earth I want to teach you To see The best in people See in them Not who they are Not what they do But what Eternity Has placed in them Thus can your words Lead them To the Path of Immortality

## THE MEMORY OF ETERNITY

O Son of the Earth
I want to teach you
To remember Eternity
To call it, to pray to it
So conferring Its purity upon humanity
Thus Eternity shall find Its home In the soul
Of every man and woman

### MY OWN BREATH

O Son of the Earth
I want to teach you
To listen to your own breath
It contains All that was created
Before the beginning of time
And since then All that is hidden
And all that is manifest
It is the beginning and the end

### **NEVER HARM ANYONE**

O Daughter of the Earth I want to teach you To never harm anyone And to endure The harm of others May your conduct Be ever gracious And your denial Never hurt a brother May your attitude toward him Be always Benevolent

## LOVE THE SIMPLE LIFE

O Son of the Earth I want to teach you To love the simple life To be ever content Immune to flattery And to wealth May your only joy Be in serving Eternity

## THE PAST AND THE FUTURE

O Daughter of the Earth I want to teach you To concern yourself With neither past nor future For this prevents you From living in the present Eternity envelops itself In the cloak of this very moment

### **HEALING**

O Son of the Earth I want to teach you Healing To heal the body See, the paralysed can dance And the mute can sing again To heal the soul

Purifying those who have gone astray Granting joy unto the afflicted It is the force that flows From your heart to your hands

#### RESPECT

O Daughter of the Earth
I want to teach you
Respect
It is the mirror Of Eternity
Reflected In the human soul
May your respect for others
Show the respect For the Eternity
Living in your heart